

Life Skills Day

Date: 2/27/2026

Time: 11:30-2:30pm

Format: 3x 50-minute sessions, with short breaks between

Location: RRJHS

Action Item Summary

1. **All** - Review minutes (note link below to attached document)
2. **David** - Generate draft lesson plans for each topic being offered. **See attached .zip archive for draft lesson plans and student workbooks (thanks David!!). Note that instructors should consider these as thought-starters and can take the liberty of shaping their 50-minute session as they see fit... to meet the course description (included in the file Marilyn shared below) and for the target JK audience.**
3. **Various (see below)** - *Please try to reach out to instructors this year if schedules allow and reply all to this email with updates.*
 1. **Heather** - How to Get What You Want (Goal Setting) - Heather to contact Jennifer Garrett. **Paul will be speaking with Jennifer this afternoon (12/19). Based on her email, it sounds like she's in.**
 2. **Heather** - How to Set Your Body and Mind Up for Success (Wellness and Performance) - Heather to contact Rebecca Woodberry
 3. **Heather** - How Not to be a Jerk (Conflict Resolution) - Heather to contact Tom Swaninger
 4. **Jennette** - Finding Meaning in How You Spend Your Spare Time (Volunteering) - Jennette to contact Patrick Schweiss.
 5. **Jennette** - Earning Money / Starting a Small Business - Jennette to contact Gwenn Ortmeyer
 6. **Jennette** - Cake / Cookie Decorating - Jennette to contact Viki Ralston.
 7. **Heather** - Fashion - Heather to contact Mimi Maher and/or Marcia Furst for ideas.
 8. **Paul** - Stock Market Investing & Personal Finance - Paul to contact Will Trizese **Paul spoke with Will yesterday. He is interested in participating and has blocked off the day/time on his calendar. Note that Will has fingerprint clearance. Paul will follow up and send course description and draft lesson plan & student workbook to Will today.**
 9. **Marilyn** - Video Editing - Marilyn to contact Cindy Wilmer
 10. **Paul** - First Aid Basics - Paul to contact Denny Preisser **Paul spoke with Denny (w/ American Red Cross) on 12/17. He is interested, and is planning to bring a couple recent college grads (medical field) and divide each group into 3 subgroups (in the same room). Note that Denny has fingerprint clearance. Paul to follow up with Denny in January.**
 11. **Jennette** - Decorating a Room - Jennette to contact Lindsey Potter

12/19/2025 Updated Action Item Summary

12. **Marilyn** - Sports Readiness - Conditioning / Fitness / Skills Development - Marilyn to contact Peter Brock

12/15/2025 Meeting Minutes

- **Course Schedule Plan** - Currently, we are planning for 12 distinct sessions offered concurrently, 3x each over the course of the 3-hour time block. Marilyn has identified sufficient locations that can be used, and having enough people with fingerprint clearance cards (FCC) is not anticipated to be a limiting factor.
- **Course Schedule Development** - AI was successfully demonstrated for efficiently streamlining the process of schedule generation. As the number of student participants and course offering is finalized, this will be again used to generate the final schedule.
- **Staffing Plan** - Each of the 12 planned sessions was reviewed and a short list of potential speakers was developed, shared by Marilyn with the team and can be accessed [here](#). For each class, a 'top choice' was identified and a team member designated to reach out to the individual in question. That list is above in the "Action Item Summary". **David Potter** will generate draft lesson plans for each topic and send them to this team for review. While not definitive, they could provide a framework for any instructors that would benefit from having one.
- **Next Meeting** - Not set, but will target early- or mid-January.